## SIGN-UP SHEET

Take the first step to a healthier life by participating in the Fruits and Vegetables Challenge. The challenge offers quick tips to help you eat more fruits and vegetables and a log sheet where you can track your points. Sign up below to participate!

The Fruits and Vegetables Challenge begins on \_\_\_\_\_

Sign up by		to participate.	
Name	Phone	Email	

FRUITS AND VEGETABLES CHALLENGE

