



## Eat Smart, Move More NC

# Operating Procedures

### Mission, Vision and Cause

#### Section 1: Mission

The mission of Eat Smart, Move More NC is to reverse the rising tide of obesity and chronic disease among North Carolinians by helping them to eat smart, move more and achieve a healthy weight.

#### Section 2: Vision

The vision of Eat Smart, Move More NC is a North Carolina where healthy eating and active living are the norm, rather than the exception.

#### Section 3: Cause

Eat Smart, Move More NC is a statewide movement that promotes increased opportunities for healthy eating and physical activity wherever people live, learn, ear, play and pray. Eat Smart, Move More NC is guided by the work of statewide multi-disciplinary partners working together to increase opportunities for healthy eating and physical activity.

### Partners

#### Section 1: Partners

Any individual, organization, business, agency, coalition or non-profit that supports the mission and purpose of the Eat Smart, Move More NC movement is invited to become a partner. Guidance for becoming a partner is provided on the Eat Smart, Move More NC website at [eatsmartmovemorenc.com](http://eatsmartmovemorenc.com). The movement aims to engage a broad and diverse network of partners who are committed to health. All partners are invited to attend Eat Smart, Move More NC meetings.

#### Section 2: Actions of Support

Partners support the Eat Smart, Move More NC movement through the following actions:

- Adopt the vision and mission of Eat Smart, Move More NC.
- Promote *North Carolina's Plan to Prevent Overweight and Obesity*.
- Implement the strategies and core behaviors highlighted in *North Carolina's Plan to Prevent Overweight and Obesity*.
- Attend Eat Smart, Move More NC partner meetings.
- Share strategies via partner meetings and newsletter updates.
- Invite others to connect with Eat Smart, Move More NC via the partner meetings and website.
- Serve on the Executive Committee or a subcommittee.

### Executive Committee

#### Section 1: Executive Committee Members

The Executive Committee consists of 6 to 12 members, including a Chair, Vice Chair, and Past Chair.

## Executive Committee, *continued*

### **Section 2: Applications**

The Executive Committee shall open an application process to all Eat Smart, Move More NC partners for Executive Committee posts as terms expire or vacancies result in open seats. All interested partners may apply, and the Executive Committee shall be responsible for selecting new members. The Executive Committee strives to recruit diverse members who are committed to health and who bring an equity and inclusion lens. Each Executive Committee member shall serve a two-year term, unless they are filling a vacancy due to resignation of another member.

### **Section 3: Selection**

New Executive Committee Members shall be selected by consensus of the existing Executive Committee.

### **Section 4: Duties of the Executive Committee**

The duties of the Executive Committee shall consist of, but not be limited to, the following: promote the mission and vision of Eat Smart, Move More NC; convene sub-committees as needed; hold regular meetings of the Eat Smart, Move More NC partners and the Executive Committee; and maintain the Eat Smart, Move More NC website.

### **Section 5: Vacancies**

Vacancies may be filled by a consensus decision of the remaining members of the Executive Committee for an unexpired term(s). In case of a vacancy of the Chair, the Vice Chair will assume the role of Chair for the remaining period of the vacated position and continue service through the scheduled term as Chair.

## Subcommittees

### **Section 1: Subcommittees**

Subcommittees may be appointed by the Chair with input from the Executive Committee to perform specific tasks as needed to support Eat Smart, Move More NC. A member of the Executive Committee shall be assigned to each subcommittee and shall report the subcommittee's progress at Executive Committee meetings. The Executive Committee representative to the subcommittee may or may not be the chair. Subcommittee membership will be made up of partners who have the skills needed for the specific committee.

## Meetings

### **Section 1: Executive Committee Meetings**

The Executive Committee shall meet at least two times per year. A quorum of Executive Committee members will be constituted by a majority of the Executive Committee members in attendance for any Executive Committee meeting.

### **Section 2: Eat Smart, Move More NC Partner Meetings**

Eat Smart, Move More NC partner meetings will be held multiple times each year with the date, location and form (e.g. in-person, virtual) of the meetings to be determined by the Executive Committee.

### **Section 3: Amendments to Operating Procedures**

These operating procedures may be amended, altered and repealed, and new procedures may be adopted at any meeting of the Eat Smart, Move More NC Executive Committee.